

SAVE A LIFE NIGHT

Investing just a few hours of your time can equip you to be better able to save a life should you find yourself in an emergency situation.
Bystanders can save lives!

DATE: Thursday, Oct. 25

TIME: 6 to 8 p.m. (*Registration starts at 5:30 p.m.*)

LOCATION: Manheim Central Middle School



Learn Hands-Only CPR More than 350,000 American suffer a cardiac arrest outside of the hospital setting each year and 90% die. CPR is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest. Hands-only CPR is very simple to learn and can be as effective as conventional CPR.

Learn How to Stop the Bleed Uncontrolled bleeding is a major cause of preventable deaths - approximately 40 percent of all trauma-related deaths are due to bleeding. Stop the Bleed is an instructional campaign that can help you become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

There is no cost to attend, but you must pre-register online at RepFee.com or call 717-664-4979.



*Co-Hosted by Northwest EMS
and Rep. Mindy Fee*

